



# COOKING & COMMUNICATION

Join us for a unique cooking class that blends culinary creativity with valuable communication skills! Each session is designed to encourage social interactions through collaborative cooking activities with an easy recipe, helping participants build confidence and connect with others.

- Participants will be paired together to complete cooking activities
- Class is designed for individuals ages 16+
- No prior cooking skills required



**COMING IN 2025!**

*Come for the cooking,  
Stay for the connections!*

INTERESTED? GET ON THE WAITLIST!

765-427-6588

[MARSHALLCOMMUNICATIONCOACHING.ORG](http://MARSHALLCOMMUNICATIONCOACHING.ORG)

